

SPRING CLEANING FOR YOUR SOUL

Spirituality & Health

The Soul/Body Connection®

WHERE
HEAVEN
CAME FROM

CREATE A
GARDEN OF
THE SENSES

CLEAR YOUR BRAIN
WITH YOGIC BREATHING

Be the Change!

3 BOLD STEPS
For Right Now

ZENVESTING
HOW TO PULL THE ARROW OUT

+

THE NEW
SCIENCE OF
GHOSTS

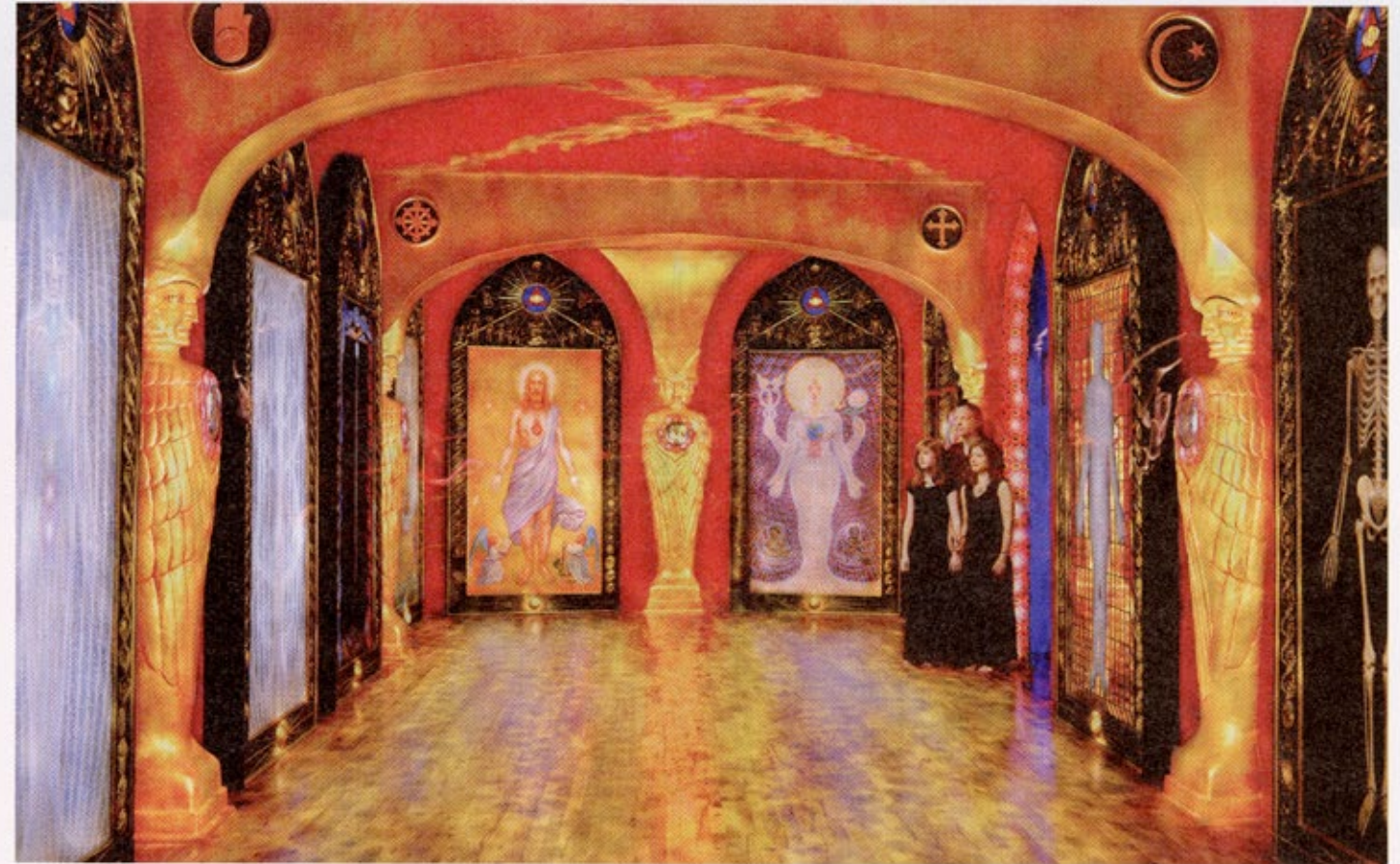
MARCH / APRIL 2010

\$5.99



DISPLAY UNTIL MARCH 1, 2010

Opening / *A New Way of Seeing*

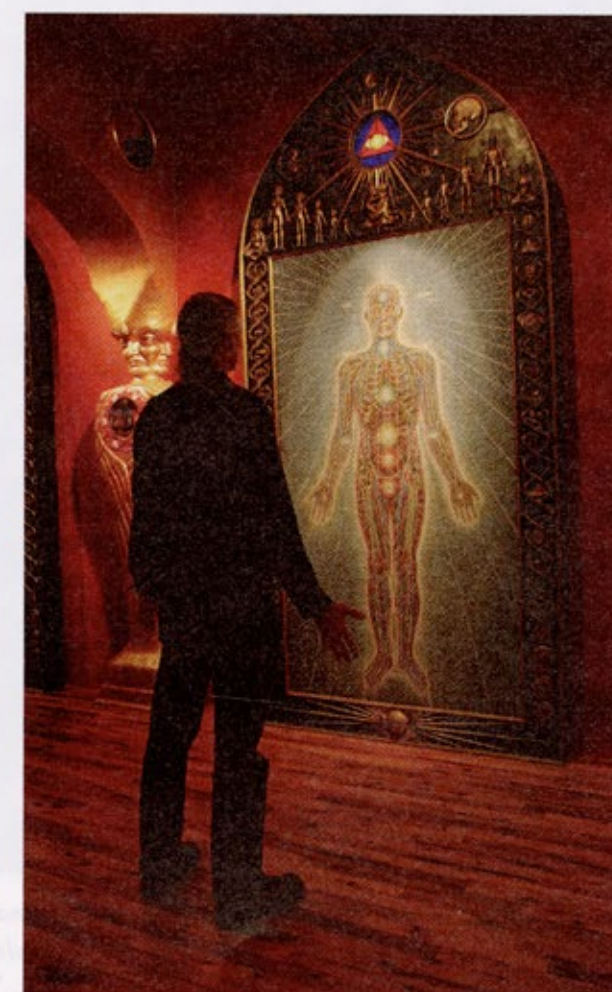
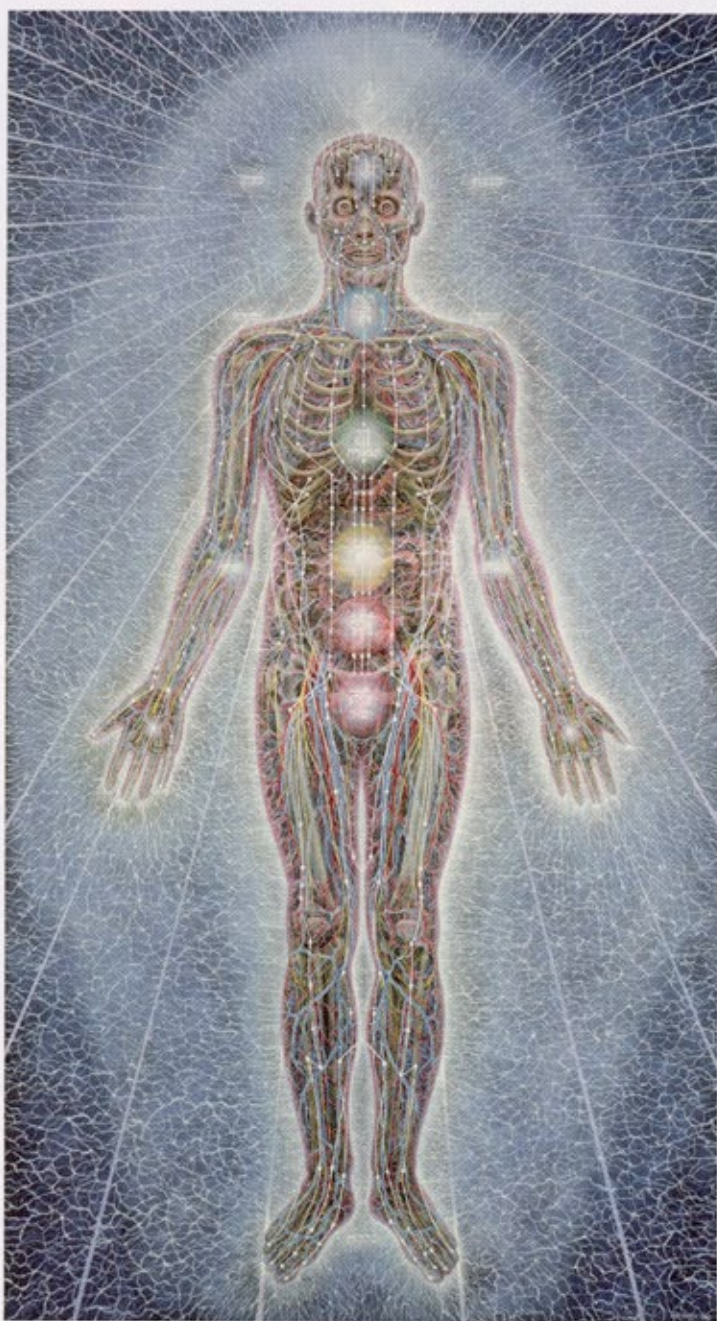
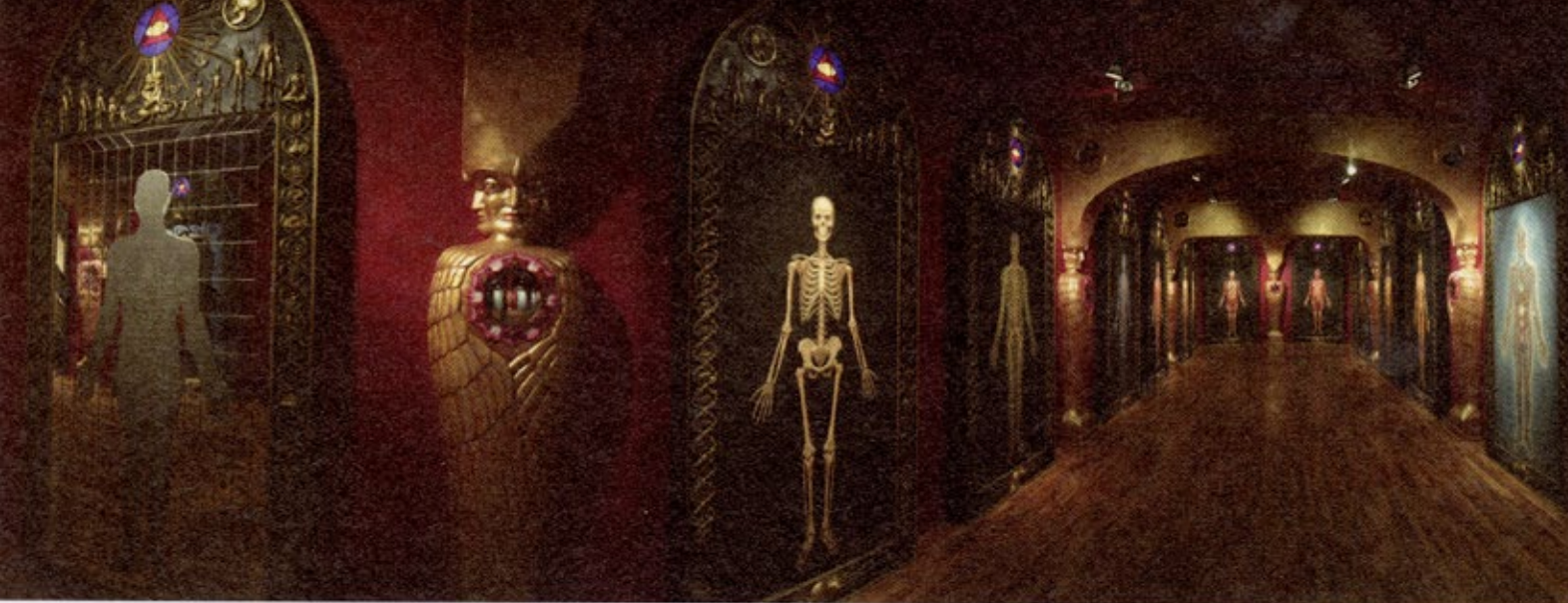


Zena, Alex and Allyson Grey at CoSM NYC, 2004

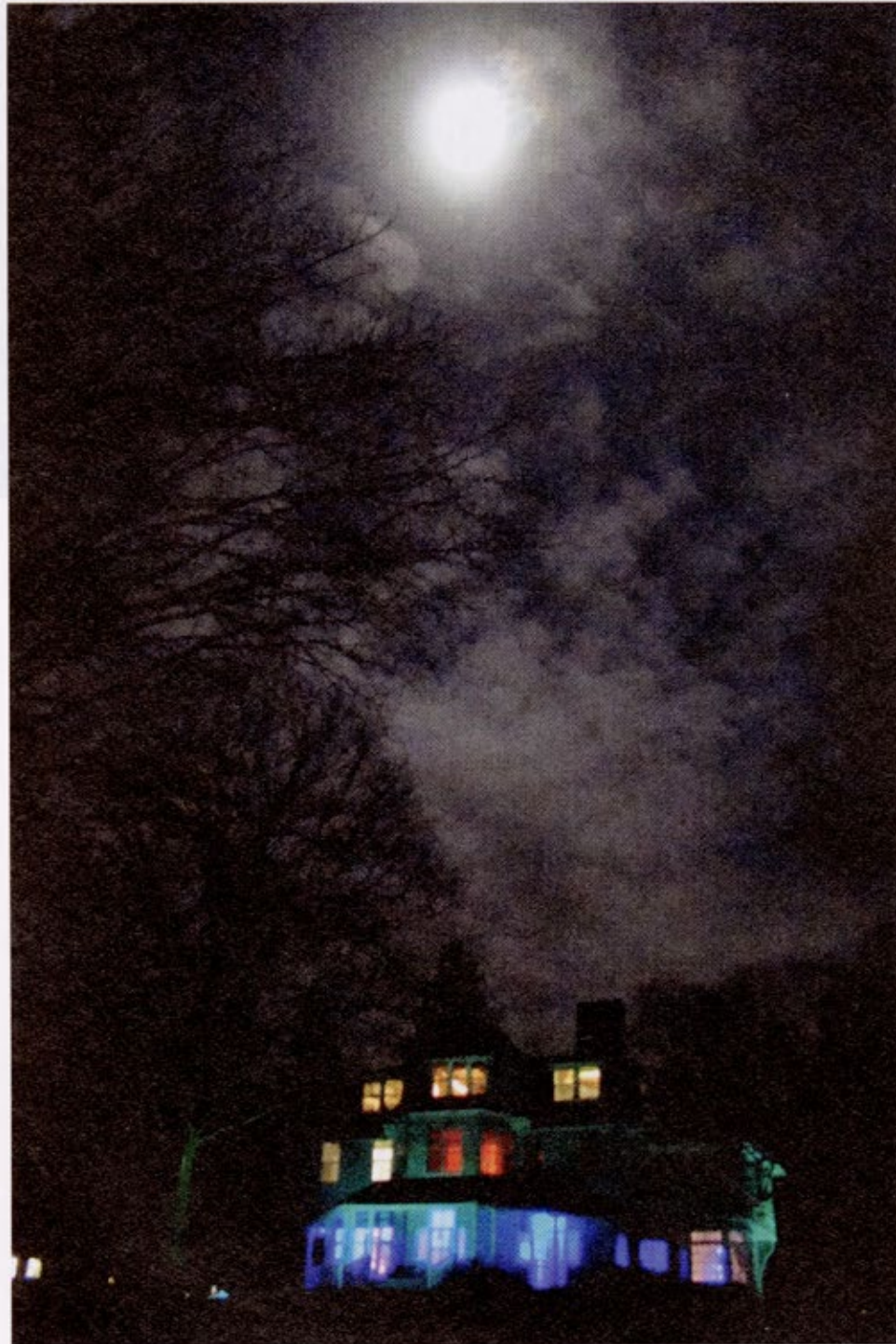
ALEX AND ALLYSON GREY: *Visualizing a Temple*

For five years, artists Alex and Allyson Grey successfully operated the Chapel of Sacred Mirrors (CoSM), a cultural center in the heart of New York City's art district. Tens of thousands of visitors from a global community made the pilgrimage, including the *New York Times*, *Village Voice* and numerous art publications. Why? Because the Sacred Mirrors collection of art by Alex Grey embodies one of the clearest and most powerful visions of the subtle energetic realms and universal spirituality available today. The Sacred Mirrors can act as catalysts for reflecting on and realizing one's own divinity. The vision embodied in these works may play a role in the evolution of human consciousness toward a more peaceful and sustainable planetary civilization. These artworks are now in storage as Alex, Allyson, and a small community work to build a visionary temple to honor all wisdom paths.

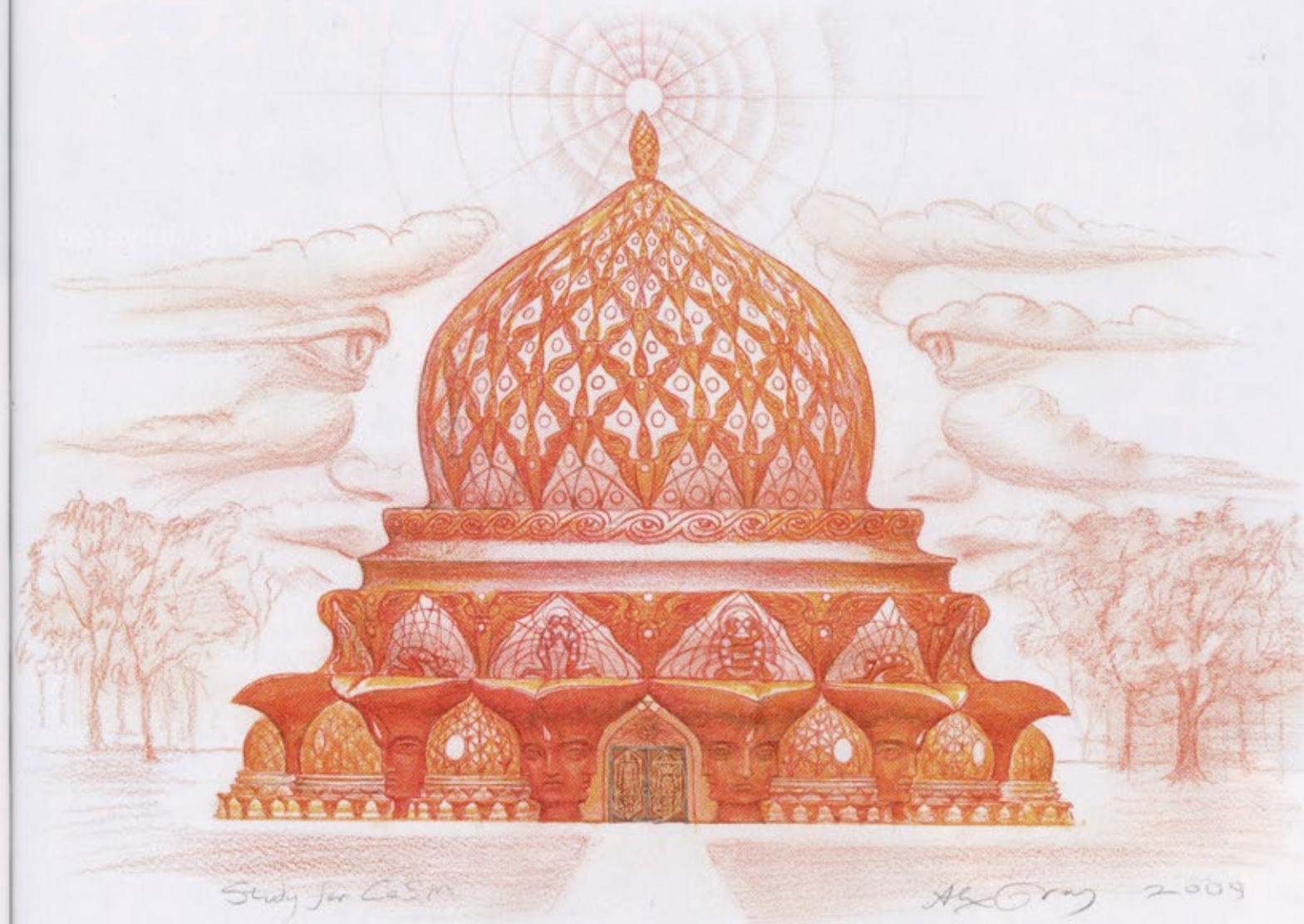
Help Build The Chapel: CoSM seeks those who are willing to take part in manifesting the Chapel project. Your prayers and financial support are needed to complete the exhibition hall and again make the transformative power of the Chapel of Sacred Mirrors available to the public. If you would like to experience the community growing around the chapel project, Alex and Allyson invite you to celebrate the full moon with an evening of wisdom and prayer from all faiths on April 24, 2010. For more information and directions, please visit cosm.org.



The Sacred Mirrors are life-sized representations of the human body and soul, both scientifically precise and vividly visionary. The Sacred Mirrors dramatically reveal the miracle of life's evolutionary complexity, the unity of human experience across all racial, class and gender divides, and the astonishing vista of possibilities inherent in human consciousness. The viewer is invited to mirror the whole and healthy physiology and align oneself with a higher spiritual template.



In September 2008 CoSM bought forty acres in the Hudson Valley and began blazing wisdom trails and restoring six buildings that had been in serious decline. Throughout 2009, three buildings were renewed and made beautifully habitable. The next major renovation in 2010 is a carriage house, originally built in 1882, that will be transformed into an exquisite exhibition hall for the Chapel of Sacred Mirrors collection of art. Embedded in the land will be a sacred geometric crystal gridwork tying together a new vision of Humanity and Nature. Full Moon ceremonies continue to be CoSM's most popular spiritual gatherings.



“Throughout history, humanity has built sacred spaces as expressions of our spiritual and creative evolution. These architectural wonders offered by our ancestors remain pilgrimage sites where people refresh their souls. Holy places of peace and ceremony can activate healing, comfort, love, harmony with the cosmos, and Oneness with the Creator. At this pivotal moment in history, creating sacred space that honors the discoveries of science and the mystic core of all religions and cultures will activate feelings of inter-connectedness and empower us with faith to solve the problems confronting humanity and the web of life. Building a Temple gives people a symbolic focal point to transcend their differences and create something beautiful together. The collective awareness of a dawning planetary civilization and universal spirituality is calling for an uplifting twenty-first century vision of World Spirit. The Chapel of Sacred Mirrors is answering that call.”

—ALEX GREY